

Esklavanit Verevusta

The Program for Claiming the Divine Heritage of Timelessness

This ceremony utilizes two protocols:

- Clearing the Body and Face (Dissolving Old Programs of Guilt and Unworthiness)
- Establishing Timelessness in the Body and Face (Claiming the Divine Heritage)

They can be done separately or together. When doing them together, follow the protocol for the body first and then the face. Lay on your back with legs straight and arms relaxed at sides. Use the Seer's meditative background music.

Preparation: The Anointing

Optionally, anoint the 13 joints of the body, as shown, with *Lotus* oil.

Anoint the head with *Rose* oil in preparation for the face protocol. Use the removing birth trauma sigils as instructed for the 13 joints of the head. If you do not have the Seer's alchemical rose oil, use its fragrance sigil instead.

Dissolving Old Programs of Guilt and Unworthiness

You always perform this step; both for the body and face.

Place the *Wheel that Dissolves Old Programs of Guilt and Unworthiness* a few inches above your head.

The *Tablets for Dissolving Old Programs of Guilt and Unworthiness* are placed in a stack a few inches below the feet (number 1 is on the top, number 26 is at the bottom). Have a list of the names of the tablets available to read during ceremony.

Begin by reading the name of the first table. Visualize the tablet moving up through the body as you simultaneously sweep your hands from the feet to the top of the head (1 inch above the body, without touching it). Shake your hands above the *Wheel That Dissolves Old Programs of Guilt and Unworthiness* as though you are shaking the density, you have just removed from your body, into the wheel. Visualize the tablet that has moved through the body, also going into the wheel (the physical stack of tablets remains at the feet). Continue in exactly the same way, as you visualize the remaining 25 tablets moving through the body.

Remove the wheel and tablets before proceeding.

Claiming the Divine Heritage

The 26 *Tablets for Claiming the Divine Heritage* each have an accompanying *Attitude*. Attitudes 1–13 are for establishing timelessness in the body. Attitudes 14–26 are for establishing timelessness in the face.

If doing the protocol for the **body** only, place the tablets of the first 13 Attitudes on the *Powerwheel for Claiming the Divine Heritage*. If using only the protocol for the **face**, place just the *Tablets* for the last 13 Attitudes on the powerwheel. When doing these protocols for **both the face and body**, use all 26 tablets. The lowest number is always placed on top of the stack and the highest number at the bottom.

Place the *Powerwheel for Claiming the Divine Heritage* with appropriate tablets of Attitudes on top of it below your feet. Have the list of the Attitudes close by, so that you can read them during the ceremony.

Begin by reading the first Attitude of Claiming the Divine Heritage (reading the sacred language is optional).

Envision the first tablet moving up through the body as you briefly consider what the attitude means and what it would be like to embody it. (Preferably you have studied and contemplated the meaning of these tablets, the Attitudes, beforehand.)

Continue in this way with each successive tablet, until all the tablets you are working with, have been envisioned as having moved through the body (the physical stack remains at the feet).

Now, envision the Powerwheel moving up through the body, from the bottom of the feet and out through the top of the head. While the Powerwheel is moving through, relax your body completely. Using deep breaths, blowing any tension out until the body has released it all. (Tension may be remnants of resistance that holds linear time in the body.)

Close the ceremony by saying the following:

Nesh karavet hurspata eres visach bravabit ereklu

I am a timeless expression of infinite glory

Remain in meditation for a short while. Remove the wheel and tablets when done.